

Love Your Baby, Love Your Body...

One Fit Mama® Chicago Winter Classes

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
<i>Morning</i>	Sauganash Park 5861 N. Kostner Ave. 9:15 am to 10:00 am	Solao Dance and Fitness 1616 Western Ave. 9:30 am to 10:30 am	Kennicott Park 4434 S. Lake Park Ave. 9:00 am to 10:00 am	Solao Dance and Fitness 1616 Western Ave. 9:30 am to 10:30 am	Lake Shore Park 808 N. Lake Shore Drive 10:30 am to 11:30 am	<p>Check back in the spring for Saturday classes!!</p> <p><i>Class prices vary by location. Registration can be done in-person at each location. Space is limited!</i></p> <p>CPD Winter classes run from Jan. 3 to March 18.</p>
	Union Park 1501 W. Randolph St. 11:00 am to 12:00 noon		Sauganash Park 5861 N. Kostner Ave. 9:15 am to 10:00 am		Smith Park 2526 Grand Ave. 12:15 pm to 1:15 pm	
		Welles Park 2333 W. Sunnyside Ave. 1:00 pm to 2:00 pm	Shabbona Park 6935 W. Addison St. 10:45 am to 11:45 am		Welles Park 2333 W. Sunnyside Ave. 1:00 pm to 2:00 pm	
	Wicker Park 1425 N. Damen Ave. 1:15 pm to 2:00 pm		Humboldt Park 1400 N. Sacramento Ave. 11:30 am to 12:15 pm			
		Broadway Armory 5917 N. Broadway St. 1:30 pm to 2:30 pm		Broadway Armory 5917 N. Broadway St. 1:30 pm to 2:30 pm		
			Wicker Park 1425 N. Damen Ave. 1:15 pm to 2:00 pm			

